

rise and shine

saturday & sunday 10 a.m. - 2 p.m.

Please check the
chalkboards for
today's specials. }



SIDES

Full list on back page

- ☞☑ yellow grits
- ☞☑ potatoes
- ☑ toast
- ☑ vegan biscuit

Try with gravy!

**Eggs are cooked to order, and consuming raw or undercooked eggs may increase your risk of foodborne illness.*

☑ **Breakfast Burrito** * \$9.50

A flour tortilla filled with scrambled eggs or tofu and choice of pintos or black bean chili, covered with melted cheese, salsa, and a dollop of sour cream.
Sub vegan cheese \$1.50 ☑ without cheese, eggs, and sour cream.

☑ **Tofu & Veggies** \$9.25

Cubed tofu and assorted veggies stir-fried with soy sauce and nutritional yeast.
Add egg \$1.95 Add cheese \$1.95 Add vegan cheese \$2.95

☑ **Potatoes & Veggies** \$8.95

Chunks of taters, and assorted veggies stir-fried with soy sauce and nutritional yeast.
Add egg \$1.95 Add cheese \$1.95 Add vegan cheese \$2.95

☞☑ **Breakfast Reuben** \$9.95

House-made tempeh 'bacon', sauerkraut, vegan cheese, and sriracha 'mayo' on a ☞ english muffin, with your choice of fruit cup or petite salad.

Two Eggs Any Style * a la carte \$4.25 platter \$9.25

Scrambled or fried to your liking. Platter includes your choice of potatoes or grits, and biscuit or toast.

Fried Egg Sandwich * \$5.75

One egg on a toasted bagel (plain or everything) with melted white cheddar.
Add soysage patty (1) \$2.95 Sub vegan cheese \$1.50 Add tempeh bacon (2) \$2.95

Fancy F.E.S. * \$6.75

A tasty twist on our fried egg sandwich. Your choice of bagel (plain or everything) comes with Sriracha mayo and arugula.
Add tempeh bacon (2) \$2.95 Add soysage patty (1) \$2.95

☞☑ **Fruit Cup** \$4.50

Assorted fruits in season.

Biscuits & Yeast Gravy \$5.95

Grits 'n' Gravy \$4.25


brunch at the grit

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GLUTEN FREE



VEGAN



VEGAN OPTION

WANT LUNCH, NOT BRUNCH?

House Salad \$11.50

A mountain of crisp lettuces with carrots, purple cabbage, cucumbers, tomatoes, and red onion topped with your choice of sautéed tofu cubes or shredded white cheddar. Sub vegan cheese 1.50 Served with your choice of dressing. without tofu. All of our dressings are Vegan and Gluten-free!

- lemon-tahini vinaigrette ginger sesame
 ranch tzatziki

Loaded Nachos \$11.95

A generous serving of corn chips, melted cheese, our black bean chili, lettuce, red onions, sour cream, and our housemade salsa.

without sour cream. Sub vegan cheese 1.50

Grilled Cheese Smelt \$8.50

Our homemade whole wheat bread toasted with melted cheddar and finished with fresh spinach and tomato. Athens' biggest and best grilled cheese sandwich.

SIDES

- | | |
|-----------------------|--------------------------------|
| yellow grits \$2.75 | soysage patty (1) \$2.95 |
| cheese grits \$3.25 | tempeh bacon (2) \$2.95 |
| potatoes \$2.75 | salsa \$2.95 |
| vegan biscuit \$2.75 | sour cream \$.95 |
| toast \$2.75 | cup of tofu \$4.50 |
| cinnamon toast \$3.25 | cup of black bean chili \$4.50 |
| bagel \$2.75 | cup of pintos \$4.50 |
| english muffin \$3.00 | sautéed veggies \$4.50 |
| yeast gravy \$2.95 | vegan cheese \$2.95 |

BEVERAGES

Ask about our beer and wine list!

COLD

iced tea	\$2.50
lemonade	\$2.50
Arnold Palmer	\$2.50
apple juice	\$2.95
Coke, Diet Coke	\$2.75
Root Beer	\$2.75
Bunkhouse Ginger Ale (local)	\$2.75
Montane Sparkling Water (local)	\$2.50
orange juice	\$3.25
regular milk	sm. \$1.50 lg. \$2.50
soy milk	sm. \$2.00 lg. \$3.00
oat milk	sm. \$2.00 lg. \$3.00

Mimosa

\$5.95



The Grit merchandise available here and at our webstore! T-shirts, cookbooks, puzzles, prints, and more!

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HOT

Jittery Joe's Grit blend	
coffee regular or decaf	\$3.25
tea (black or herbal)	\$2.75
hot chocolate	\$2.75



brunch at the grit