

# rise and shine

saturday and sunday 11 a.m. – 3 p.m.

Please check the  
chalkboards for  
today's specials. }



🌱 **El Rey** \* \$8.25

A flour tortilla layered with pintos, salsa, scrambled eggs or tofu, and cheese. Topped with a dollop of sour cream. Sub vegan cheese \$1.00

🌱 without cheese, eggs, and sour cream.

🌱 **Breakfast Burrito** \* \$8.25

A flour tortilla filled with scrambled eggs or tofu and black bean chili, covered with melted cheese, salsa, and a dollop of sour cream. Sub vegan cheese \$1.00

🌱 without cheese, eggs, and sour cream.

🌱 **Tofu & Veggies** \$8.25

Cubed tofu and assorted veggies stir-fried with soy sauce and nutritional yeast.

Add egg \$1.95 Add cheese \$1.95 Add vegan cheese \$2.95

🌱 **Potatoes & Veggies** \$7.75

Chunks of taters, and assorted veggies stir-fried with soy sauce and nutritional yeast.

Add egg \$1.95 Add cheese \$1.95 Add vegan cheese \$2.95

**Fried Egg Sandwich** \* \$5.25

One egg on a toasted bagel (plain or everything) with melted white cheddar.

Add soysage patties (2) \$3.25 Sub vegan cheese \$1.00 Add tempeh bacon (3) \$3.25

**Fancy F.E.S.** \* \$6.25

A tasty twist on our fried egg sandwich. Your choice of bagel (plain or everything) comes with Sriracha mayo and arugula.

Add tempeh bacon (3) \$3.25 Add soysage (2) \$3.25

*\*Eggs are cooked to order, and consuming raw or undercooked eggs may increase your risk of foodborne illness.*

  
breakfast and brunch at the grit